

# The Adequate Cause

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The matter is really very simple: We live in a cause-effect universe—every effect must have a cause, yea, an **adequate** or **sufficient** cause, to explain it. A wristwatch implies a watchmaker. A house implies a designer and builder. The computer on which these words are being written required great wisdom and skill to conceive, design, and build.

If I said that a monkey built my watch, a two-year-old child designed and built his parents' house, or my computer resulted from a huge explosion ("Big Bang"), you would immediately know that I was being facetious or that I was delusional. I would be suggesting causes, but not causes that are **adequate** or **sufficient** to explain these respective effects.

This cause-effect principle is axiomatic, admitted by all observant and rational people. It is so self-evident it needs no further proof. Those who deny the existence of God—as the Bible reveals and describes Him—must explain how a universe, incomparably more complicated than anything men can invent, design, and build, came into being. Their glib explanation, that blind, unintelligent forces/matter coincided without design or planning, and "it just happened," is not only woefully inadequate—it is unworthy of rational, intelligent men.

We and our universe are either (1) eternal (i.e., we have always existed) or (2) in some way and at some time, we and the universe had a beginning. Evidence abounds proving that the physical universe (of which we are a part) is depleting, decaying, and wearing out, but that which is eternal is necessarily self-existent and cannot change or decay. We and all other physical things thus had a beginning point—and a cause of beginning. "Experts" may push "the beginning" point of our physical universe back 1 billion or 100 billion years, but they can't deny that it had a time of beginning and is thus not eternal. This inescapable fact implies "something" or "someone" which/who had no beginning but has always existed.

We (1) created ourselves, (2) began by some cosmic accident/chance, or (3) an adequate Cause designed and created us. If we made ourselves, we had to exist before we existed. Only fools would so argue. Did we just "happen" by some inexplicable "accident"? *Accident* is not an adequate cause for the lowly paper clip, yet atheists and evolutionists have nothing better to offer for the beginning/existence of our intricate universe. Objective, rational minds understand that our vast physical universe demands the existence of an **adequate** Cause.

The Bible sets forth the only **adequate** Cause in God—the eternal (having no beginning), self-existent, omniwise, omniscient, and omnipotent One. "For every house is builded by someone; but he that built all things is God" (Heb. 3:4). "In the beginning God created..." (Gen. 1:1).

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